



appea

the voice of australia's
oil and gas industry

Media Release

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MEDIA RELEASE – Oil and Gas Industry unites for Mental Health

The voice of Australia's oil and gas industry today joined forces with Safer Together and AMMA to release a national 'Mental Health and Wellbeing Implementation Guideline'.

APPEA Chief Executive Andrew McConville said the guideline's release coincides with the start of National Mental Health Month.

"Today APPEA, AMMA and Safer Together have released a 'Mental Health and Wellbeing Implementation Guideline' to support our members as they continue to prioritise the mental health of our workforce," Mr McConville said.

"This Guideline is an important tool for APPEA members to consolidate and review their mental health policies and programs, while encouraging consistency across the industry.

"We partner with Safer Together and AMMA to provide best-practice resources to members and APPEA members already provide free access to Employee Assistance Programs, mental health and wellbeing awareness training, and trained peer supporters among other measures.

"Australia's oil and gas industry is committed to the mental health and wellbeing of all its workers, contractors and their families."

Quotes from AMMA Chief Executive Steve Knott:

"As we look to this year's National Mental Health Month, it's important to highlight the continued and shared commitment of resources and energy employers to building and maintaining mentally healthy workplaces.

"The Resources and Energy Industry Workforce Mental Health Framework is AMMA's latest initiative to assist employers, providing a new practical framework to help navigate the industry's distinct workforce mental health challenges.

"This Framework is complemented by APPEA's Mental Health and Wellbeing Implementation Guideline and works alongside it as a valuable resource for resources and energy employers."

Quotes from Safer Together spokespeople:

"The guideline will add to Safer Together's toolkit of Mental Health resources available to the workforce" said Sander Stegenga Operator Co-Champion of the Safer Together WA/NT Health Working Group.

"Providing resources to improve the safety, health and well-being of oil and gas exploration and production workers is the essence of Safety Together." Neville Carrington Operator Co-Chair of the WA/NT Safer Together Safety Leaders Group said.

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